



SET YOUR COURSE

Commit your plans and actions to the Lord.
Trust them and their outcome to Him, and
your plans will succeed. (Proverbs 16:3)

- 1. In prayer allow the Holy Spirit to identify an area in your life that, when changed, will bring great results.**
 - Psalm 16:11 *You make known to me the path of life;...*
 - WRITE IT DOWN.
- 2. Genuinely commit your plans to God.**
 - Proverbs 16:3,9,20 *Commit your works to the Lord (submit and trust them to Him), and your plans will succeed ... A man's mind plans his way as he journeys through life, but the Lord directs his steps and establishes them... He who pays attention to the word of God will find good, and blessed is he who trusts confidently in the Lord.*
- 3. Start small.** Understand the power of small, doable steps.
 - Luke 16:10 *If you are faithful in little things, you will be faithful in large ones.* (Micah 5:2)
- 4. Be consistent and boldly persistent.**
 - Luke 11:5-8 *...yet because of his persistence he will rise and give him as many as he needs.* (1 Corinthians 15:58)
- 5. Be aggressive in defeating negative feelings with an opposite action.**
 - Give thanks (1 Thessalonians 5:18) and overcome evil with good (Romans 12:21).
- 6. Don't give up. If you do, begin again!**
 - Galatians 6:9 *Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.*
- 7. Bring others along in the journey.**
 - 2 Timothy 2:2 *And the things that you have heard from me among many witnesses, commit these to faithful (people) who will be able to teach others also.*