



THE DISCIPLE'S PRAYER PATTERN

Mathew 6:5-14 (Jesus said) *“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.*

And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.

This, then, is how you should pray:

Our Father in heaven, hallowed be Your Name, Your kingdom come, Your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts (sins), as we also have forgiven our debtors (those who have wronged us). And lead us not into temptation, but deliver us from the evil one.

For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.”

One and a half years later, when the disciples saw Jesus praying, they asked Him to teach them to pray “as John taught his disciples.” Instead of giving them a new teaching, He brought them back to “the pattern” He taught earlier. (Luke 11:1-4)

Key thought | This is an outline (a pattern) He established for communicating with God. It’s not only our model prayer but a **prayer God will ALWAYS answer!** Each phrase reflects a basic area of human need and places us in the position to be able to receive those needs. Here are the six areas of the prayer pattern...

1. Begin with PRAISE | ***Our Father in Heaven, hallowed be Your Name...***

“To hallow” means to admire, respect, acknowledge as being set apart. The word “name” gives the meaning of character and authority. In essence, it is praising God *our* Father for who He is.

PRAYER...

Begin prayer by praising Him using His Biblical Names. (Exodus 3:13-15) Here are a few Old Testament Names. There are many other descriptive Names for Jesus Christ in the New Testament. (John 4:13-14, 6:35; 8:12; etc.)

- **Elohim** | God and Creator, Genesis 1 and many other places. Praise Him as our Creator, covenant God.
- **Jehovah** | Found in many places and written as LORD. He is the God of Holiness, Righteousness and Love.
- **El Shaddai** | The Mighty, All-Powerful God: Genesis 17:1-2, 28:3, 35:11; 31 times in the book of Job; twice in the book of Ruth and more. Praise Him as our All-Mighty Source of Life. There is NOTHING too difficult for Him!
- **Adonai** | Lord, Master: Genesis 15:1-8; Daniel 9:3-19; Malachi 1:6 . Praise Him for being our Perfect Master.
- **Jehovah Jireh** | The LORD our Provider: Genesis 22:1-9. Praise Him because He sees and is the Source of our supernatural provision.
- **Jehovah Rophe** | The LORD our Healer: Genesis 15:22-27. Praise Him for His healing power.
- **Jehovah Nissi** | The LORD our Banner: Exodus 17:8-16. Praise Him for our victory over every work of the devil.
- **Jehovah M’Kaddesh** | The LORD our Sanctifier: Leviticus 20:8. Praise Him for transforming us into His likeness.

- **Jehovah Shalom** | The LORD our Peace: Judges 6:1-24. Praise Him for being the God of Peace.
 - **Jehovah Tsidkenu** | The LORD our Righteousness: Jeremiah 23:5-6. Praise Him for making us right before Him.
 - **Jehovah Rohi** | The LORD our Shepherd: Psalm 23. Praise Him for His tender, Shepherding care.
 - **Jehovah Shammah** | The LORD is There: Ezekiel 48:35. Praise Him for His abiding and faithful Presence.
2. Establish God's PRIORITIES | ***Your kingdom come, Your will be done on earth as it is in Heaven.***

As our Savior, He is also our absolute Lord and Master. He is the King of an eternal Kingdom and we are His Covenant people with all the responsibilities and benefits. (Matthew 26:39; John 4:27-38; 1 Peter 2:9-10)

PRAYER...

- By saying this part of the pattern, we are declaring that His will and priorities are first and the most important things in our lives. He interacts in our lives in the affairs of man.
- Pray that His will be done in my life, family, church, nation and in the world.

3. Receive daily PROVISION | ***Give us today our daily bread.***

The greatest concerns to human beings include food, clothing and shelter. If we seek first His Kingdom, the Lord promised to provide. (Matthew 6:28-34) He wants us to ask so that our joy might be complete. (John 16:24) Malachi 3:10-12 states that if I am faithful to the Tithe then He is faithful to provide for me, to destroy the devourer, and to enlarge my "harvest."

PRAYER...

- Be in the will of God concerning my finances (Tithing, generous attitude).
- Pray for provision for physical, emotional and spiritual needs.
- Pray for a hunger for God's Word in me and in the Church.

4. PARDON, forgive others and receive God's forgiveness | ***Forgive us our debts, as we also have forgiven our debtors.***

So powerful is the aspect of forgiveness that Jesus places it in the middle of the prayer and then re-emphasizes it at the end! If we will not forgive others He cannot forgive us. (Matthew 6:14-15; 18:1-34)

PRAYER...

- First ask God to forgive me of my sins and offenses. (Psalm 51:1-17; 32:5; 1 John 1:8-9)
- I then release and forgive those who have offended me. (Matthew 6:14)
- Last, I set my will to forgive anyone who may offend me.

5. Live in the POWER of the Holy Spirit | ***And lead us not into temptation, but deliver us from the evil one.***

Be cleansed of deep, unconfessed sin where the devil has authority and access. (James 1:13-15) Through His power we are called to live a powerful, victorious life. (John 16:33)

PRAYER...

- Ask God to purify me and to cleanse me from secret sin so that satan will have no hold on me. (Song of Solomon 2:15; Psalm 19:12-13, 51:1-12)
- Put on the full armor of God. (Ephesians 6:10-18)
- Pray for the revival of the church. (Hosea 6:2-3)
- Pray for a harvest of souls to come into the Kingdom of God. (Matthew 9:37)

6. Now return to PRAISE and THANKSGIVING. 1 Thessalonians 5:16-18 *Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.*

Christian Life Center is a Foursquare Church in Riverside, CA. Scan the [QR code/link](#) to contact us for information. Pastors Jack and Jane Lankhorst

