

Christian Life Center
DISCIPLESHIP INSTITUTE



*Matthew 28:18-20 And Jesus came and spoke to them, saying,
"All authority has been given to Me in heaven and on earth.
Go therefore and make disciples of all the nations, baptizing them
in the Name of the Father and of the Son and of the Holy Spirit,
teaching them to observe all things that I have commanded you;
and lo, I am with you always, even to the end of the age."*

The Discipleship Institute is a ministry of Christian Life Center, A Foursquare Church
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Pastors Jack and Jane Lankhorst



WELCOME to Christian Life Center's Discipleship Institute!

As a part of the Discipleship Institute curriculum, an environment of discipleship is expected. Although students must be committed to finishing the course, the main focus is to please God and to allow Him to do a deep work in the heart.

Imagine a group of surrendered and transformed people who love God and who love others. They are convinced that this is not about them, but about Jesus and His purposes in the Kingdom of God. They are moved by His Gospel and His heart for the lost. They are sowers of His love and His Word, active in expressing hope in Christ, lavish in giving Grace, they are young and old, dreamers and risk takers. They empower the poor, strengthen the weak, embrace the outcast and seek the lost. They serve together, worship together and live life together. The world will change because God sent them.

Discipleship Development is no easy task, it will challenge you in every area. Therefore it is important to remember that our enemy, the devil, *will* attempt to discourage you (or even stop you) in your commitment to the course. Stand firm and break through, it will have eternal results! An accountability partner during the class is absolutely necessary to ensure our success.



Please read this manual as it outlines the format and class expectations. Please refer to our blog, www.DiscipleshipDevelopment.org, or scan the code, as needed. We are committed to praying for you as you apply yourself to the task ahead.

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Acts 1:8-9 But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth." Now when He had spoken these things, while they watched, He was taken up, and a cloud received Him out of their sight.



THE DISCIPLESHIP INSTITUTE MISSION

Discipleship Institute's mission is to train God's people in developing Godly character and to partner with God in fulfilling Christ's Great Commandment (Matthew 22:35-40) and the Great Commission (Matthew 28:19-20).

This is a three-part activity where faith becomes action:

1. **ACADEMICS** • Through an academic approach to Discipleship we come to see God's heart and His purpose for fruitful ministry and relationship. This is accomplished through a time of daily prayer, Bible reading, journaling, Scripture memorization, as well as Bible teaching and accountability.
 - A. 2 Timothy 2:15 *Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.*
 - B. 2 Timothy 3:16-17 *All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work.*

2. **SERVICE** • A submitted servant's heart is the basis for leadership in the Church. This is accomplished by participating in the vision of the church and accomplishing the goals given to the leadership by the Holy Spirit.
 - A. John 13:3-17 *...If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you should do as I have done to you... If you know these things, blessed are you if you do them.*
 - B. Ephesians 4:16 *...From Him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.*

3. **MISSIONS** • The mandate for disciples is to develop God's passion for the lost and to be involved in the Lord's Harvest on a local and global level.
 - A. Matthew 9:37-38 *Then He said to His disciples, "The harvest truly is plentiful, but the laborers are few. Therefore pray the Lord of the harvest to send out laborers into His harvest."*
 - B. Acts 1:8 *...you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.*



COURSE FORMAT AND STUDENT REQUIREMENTS

1. Class format
 - 6:55 - 7:00 Arrive a few minutes early to write the memory verse on the Time Sheet and to pick up your weekly packet. Please place time sheet, etc. in tray when finished.
 - 7:00 - 7:05 Class begins at 7:00 pm with prayer (Please silence your cell phone).
 - 7:05 - 7:15 Recite the memory verse.
 - 7:15 - 7:30 Quiz and discussion.
 - 7:30 - 7:40 Offering and break.
 - 7:40 - 8:50 Teaching.
 - 8:50 - 9:00 Prayer and clean up.
2. Attendance in class — Because the class moves quickly, attendance is a prerequisite for successful completion. Students must attend every class unless cleared with the instructor. You cannot be disciplined if you are not here.
 - Proverbs 10:4 *He who has a slack hand becomes poor, but the hand of the diligent makes rich.*
3. Accountability — It is important that students form an accountability group of no more than 3 people. This holds everyone accountable to finishing the class.
 - Ecclesiastes 4:9-10 *Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up.*
4. Church attendance — Students are expected to attend the Sunday morning and Wednesday evening services. The quizzes may include questions on the sermon.
 - Hebrews 10:24-25 *And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.*
5. Homework — This includes reading the assigned lesson and book, memorizing the Scriptures and the using Weekly Time Sheet.
 - 2 Timothy 2:15 *Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.*
6. Daily devotions — Dedicate at least one hour each day to the Lord for daily devotions and class work. Most of us have very little extra time and must redeem (exchange) time to do this.

- Ephesians 5:15-16 *See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil.*
7. Scripture Memorization — Memorizing and meditating on Scripture is an important discipline of Discipleship Development. The verses are tailored to fit the topic of the course.
 - Psalm 119:11 *Your Word I have hidden in my heart that I might not sin against you.*
 8. Fasting — Focus is given to developing a regular time of weekly fasting (food, phone, TV, etc.)
 - Hebrews 12:1 *Therefore... let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us ...*
 9. Service — Jesus stressed service and students are encouraged to serve in some area of ministry weekly.
 - John 13:14-17 *Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you... Now that you know these things, you will be blessed if you do them.*
 10. Example — The disciple is an example in lifestyle and Godly devotion to family, friends and neighbors.
 - 1 Timothy 4:12 *...be an example to the believers in word, in conduct, in spirit, in faith, in purity...*
 11. Missions — As the opportunity arises, students are encouraged to be a part of local outreaches and missions.
 - John 4:35 *Do you not say, 'There are still four months and then comes the harvest'? Behold, I say to you, lift up your eyes and look at the fields, for they are already white for harvest!*

DISCIPLESHIP INSTITUTE COURSE TOPICS

Classes will be offered throughout the year. Students who complete the individual classes will receive a Certificate of Completion for that section. A Certificate of Completion for Discipleship Development will be awarded to those who complete the entire course. Courses may extend longer than shown.

Discipleship Institute is in partnership with Transworld Accrediting Commission International. See their website at www.transworldaccrediting.com.

Foundations of Christianity (4 weeks)

Discipleship Development

1. The Foundation of Discipleship (5 weeks)
 - The Fourfold Ministry of Jesus Christ
 - From salvation to participation
2. The Discipleship Decision (5 weeks)

- What is a disciple?
 - The disciple's devotional life
 - The Sermon on the Mount: Jesus' teaching to His disciples
 - Steps to becoming a wholehearted disciple
 - Building personal convictions
3. The Disciple and God's Word (8 weeks)
 - Bible Overview
 - Understanding Scripture
 - A chronological order of major events in the Bible
 - Exegesis & hermeneutics: Learning to read the Bible in context
 - Using Bible study tools and Bible study worksheets
 4. The Disciple's Spiritual Life (5 weeks)
 - Spiritual disciplines
 - Prayer, praise and worship
 - Personal revival
 - Spiritual warfare and Prayer-walking
 5. Understanding God's Design for Life (5 weeks)
 - The foundation of servanthood
 - Our strengths, spiritual gifts, passion and personal style of ministry
 - Serving in the Body of Christ
 6. Discipling, God's Plan for Kingdom Growth (5 weeks)
 - The skill of developing friendships
 - Learning to be a Spirit-led witness
 - Effective discipleship
 - Mentoring styles
 - The mentoring chart

Leadership Development (8 weeks)

1. Knowing God
 - God's Absolute Attributes
 - God's Moral Absolutes
2. Servant Leadership
 - Characteristics of spiritual leadership
 - Models of Biblical leadership
 - The priority and responsibility of leaders
3. Integrity of a Leader
 - Building character
4. Leaders Reproducing Leaders
 - Developing leadership skills
 - Casting vision, mobilizing and equipping leaders

- Identifying potential leaders
5. Dynamic Teams
 - Characteristics of negative and positive teams
 - Delegation
 - Accomplishing Kingdom goals

Ministry Training

1. Ministry Within the Church
2. Ministry in the World
3. Preparation For Full Time Ministry
 - Local church staff, pastor or missionary
4. Licensing With the Foursquare Church

ESTABLISH A DAILY TIME FOR DEVOTIONS

Because of our very busy schedules, we must take a serious look at a typical week and find a specific, regular time you can devote to this course for the next few weeks. Write that time down below. Remember, you may need to exchange (redeem) certain activities with your commitment to Discipleship Development.

JOURNALING

Journaling is an account of your Bible reading journey and a two-way communication between you and Jesus. Using the back of the Weekly Time Sheet, write down what you believe the Holy Spirit is saying to you through that passage and what God wants you to do about what you've heard.

REQUIREMENTS FOR A CERTIFICATE

There are two types of certificates: Certificate of Participation (auditing) and a Certificate of Completion. The latter will require the following...

- Dedicate yourself to the Discipleship Commitment.
- Attend all the classes and do the weekly assignments.
- Hand in the Weekly Time Sheet and Journal.
- Be a part of an accountability group.
- Serve in a ministry of the church.
- Attend Sunday and Wednesday services.
- Successfully pass the final exam.



MY DISCIPLESHIP COMMITMENT

As a student of Christian Life Center's Discipleship Institute I commit myself to God and to the members of my church in the following ways.

- 1. I will protect the unity of my church** (Ephesians 4:3) **by...**
 - A. Acting in love toward other members. (1 John 4:7; Romans 14:19; 1 Peter 1:22)
 - B. Dealing with slander, gossip, etc. in a Biblical, pro-active way. (Proverbs 6:16-19, 16:28, 20:19; Psalm 101:5, Hebrews 12:15)
 - C. Furthering the vision God has given to the Pastors. (Matthew 8:5-13; Romans 15:5-6; Hebrews 13:17)

- 2. I will help carry the responsibilities of my church by...**
 - A. Praying for its growth and welfare. (1 Thessalonians 1:1-2)
 - B. Inviting the un-churched to come with me to church. (John 1:45-46)
 - C. Embracing all who attend the services. (Romans 15:7; 1 John 4:7)
 - D. Involvement in the financial responsibility of my church. (Malachi 3:10-12)

- 3. I will serve within the ministries of my church by...**
 - A. Developing a servant's heart and serve where needed. (Philippians 2:3-4, 7)
 - B. Helping others to serve Jesus and His church. (Ephesians 4:11-12)

- 4. I will properly represent Christ and His Body by...**
 - A. Faithfully attending the corporate services. (Hebrews 10:25)
 - B. Living a godly lifestyle in this society. (Philippians 2:14-15; 1 Timothy 3:2)

I ask that the Holy Spirit empower me to accomplish this commitment by His power and Might.
Amen.

Signed _____ Date _____



WEEKLY TIME SHEET “...redeeming the time...”

Check ✓ each box as you do the activity for that day.

Name _____ Date _____

My accountability partners are _____

| ACTIVITIES | SAT | SUN | MON | TUES | WED | THU | FRI |
|-------------------------------------|-----|-----|-----|------|-----|-----|-----|
| Personal prayer time | | | | | | | |
| Bible reading and journaling | | | | | | | |
| Lesson reading | | | | | | | |
| Fasting | | | | | | | |
| Scripture memorization | | | | | | | |
| Sunday AM and Wednesday PM | | | | | | | |
| Accountability meeting | | | | | | | |
| Volunteer service (specify below) | | | | | | | |
| | | | | | | | |
| I've invited a new person to church | | | | | | | |

Homework

Write the memory verse on this side and journal on the back



DISCIPLESHIP INSTITUTE STUDENT PROFILE Date _____

1. First and last name _____
2. Address _____
City _____ State _____ Zip _____
3. Cell phone (with area code) _____ Text me
4. Email address _____
5. Date of birth _____
6. Married No Yes I will need a nursery, children's ages are _____
7. How long have you been an active Believer in Christ? _____
8. Have you experienced the Baptism of the Holy Spirit? Yes No
Do you speak in Tongues? Yes No
9. How long have you attended Christian Life Center (or your church)? _____
10. What areas of ministry have you served in? _____

In what capacity do you currently serve? _____
11. Are you taking the course for a certificate of Completion Participation (Auditing)
12. Briefly write down what you expect God to do in your life as a student of the Institute?